

• **YSGOL GYFUN GŴYR SEX EDUCATION POLICY**

(This policy specifically reflects Articles 6, 12, 16, 19 and 34 of the United Nations Convention on the Rights of the Child)

Introduction

Sex Education is considered an integrated part of the school curriculum and overall pastoral programme that contributes to the ethos of the whole school, which focuses on whole personal development, by ensuring that progression in the individual's knowledge and understanding of sexual issues, skills development and personal welfare are paramount.

This policy addresses the legal requirements, national strategy and Welsh Assembly Government guidance e.g. Education Act 1996 and the requirements of the PSE Framework for 7-19-year-old learners. It also reflects principles outlined in other school policies e.g. Curriculum, Equality and Diversity and Child Protection.

Aims and Outcomes

Sex Education is taught within a framework of values and moral principles and its aim is

- to provide pupils with the opportunity to access factual information about their bodies and processes involved in maturity and sex - such as puberty, contraception and sexually transmitted diseases, giving them the opportunity to discuss issues that are important at specific stages as they mature.
- to foster in each individual the confidence, self-respect and self-reliance to develop a personal moral code that will enable them to stand up to any unfair pressure to be sexually active
- to develop sensitivity and respect towards the values and feelings of others with regard to race, sex and religion
- to discuss Sex Education within the context of a caring and loving relationship involving personal responsibility, self-respect and mutual respect, discussing the need for love, trust and commitment in a sexual relationship
- to foster the awareness that everyone has the right to be respected
- to exchange bias for correct, factual information that ensures individual safety
- to learn that all individuals have the right to make their own choices and to refrain from being sexually active
- to emphasise that all children have the right to be wanted and that discussing the responsibilities involved with starting and raising a family and the importance of contraception is an essential part of beginning a sexual relationship
- to provide information on contraception as well as the implications of various choices
- to raise awareness of the fact that unprotected sex can lead to unintentional conception, sexually transmitted diseases, cervical cancer and AIDS
- to teach all individuals that people have rights over their bodies and what happens to them, raising awareness amongst individuals that some sexual acts count as abuse, and by doing so raising their confidence to seek help to end a situation that they feel unhappy about
- to develop in individuals an Essential and Key skillset so that they can be more successful as learners and citizens

Sex Education Management

The school's Sex Education programme, as well as its teaching and learning standards, are managed by the school's Senior Teacher with responsibility for PSE provision (RAE) in liaison with Senior Teacher with responsibility for Health and Well-Being (SAT), PSE Health teaching team and Head of Sixth Form (AT). These individuals will attend relevant INSET on aspects of Sex Education as necessary, in order to ensure an up-to-date knowledge of the field and personal professional development.

Sex Education Content and when it is delivered as part of the school's PSE morning programme and Health lessons

<u>KS3</u>	<u>Topic</u>	<u>Content</u>	<u>Resources</u>
Year 7	Body Changes Positive relationships	Pupils are introduced to adolescence, including periods Sexual intercourse in a stable and loving relationship Making informed choices when building relationships	Information sheets, including tasks prepared by the school Health team Resource pack with a set of individual and pair tasks
Year 8	Life's Journey 'Sexting'	Sex is discussed as one of life's experiences as well as the importance of nurturing a mature and responsible approach to it, free from external pressures or bias To learn what "sexting" is and being aware of its danger	Information sheets, including tasks prepared by the school Health team A specially designed resource pack, with topic discussions, visual aids and research into the social media in order to recognise the problems that arise from "sexting"
Year 8	'Healthy Body' Session Positive relationships	The importance of personal hygiene and its effect on sexual health is addressed Building on the Year 7 unit of work on positive relationships, exploring the theme and focusing on how to build positive and safe	Resources from the school Health team A unit of work with individual tasks and group activities and ideas

		relationships	
Year 9	<p>Contraception/ Consent</p> <p>Sexual exploitation</p> <p>Human trafficking</p> <p>Social norms linked to sexuality</p>	<p>Sexual Intercourse and the various methods of contraception e.g. condom, the Pill, and their use in an act between consenting persons How to stop becoming pregnant and how to use different methods of contraception</p> <p>To understand what sexual exploitation is and the different forms of sexual abuse</p> <p>To make pupils aware of the problems of human trafficking. To understand the importance of personal safety and how to lower the risks.</p> <p>To understand the negative effects that gender stereotyping can have on individuals.</p>	<p>Information sheets, including tasks prepared by the school Health team External agency e.g. Info-nation School Nurse and health team</p> <p>Scenarios, studying different health campaigns designed to tackle the problem, use of different methods such as 'the hot seat'. The use of 'Whitney's Story'</p> <p>'Caught in Traffick' resource</p> <p>A set of class tasks: group and individual work with plenty of time for reflection and discussion</p>
Year 9	Sexually Transmitted Diseases	The importance of safe sex and the potential implications of ignoring this e.g. chlamydia	External agency e.g. Info-nation
	Sex Education Panel	An opportunity for pupils to ask questions, openly or anonymously, to a panel of experts on all kinds of sexual questions e.g. intercourse between same sex individuals	Panel of experts e.g. GP, Sexual Health Nurse
KS4 Year 10	Advantages of a Healthy Lifestyle/contraception	Revisit topics related to sexual health, introducing new and more detailed information on sexually transmitted diseases e.g.	Information sheets, including tasks prepared by the school Health team External agencies e.g.

Year 11		HIV/AIDS, and reiterating methods of contraception	Sexual Health Nurse
	The Value of Relationships The 'well- being plan'	Potential opportunity to discuss moral issues e.g. abortion, homosexuality, bisexuality To help pupils understand how to choose healthy steps when things get difficult	Information sheets, including tasks prepared by the school Health team
KS5 Year 12/13	The Value of Developing a Responsible Approach to Sexuality	Discussion of moral issues related to sex e.g. intentionally transmitting HIV, living with HIV, homophobia, LGBT Presentations on the dangers of sexually transmitted diseases, with a raw but sensitive look at the effects	Information sheets and tasks prepared by the Year 12/13 PSE team DVD e.g. Stephen Fry's TV programme about HIV External agency e.g. Experts on sexually transmitted diseases

Teaching Sex Education

Sex Education taught through the school's Health and Well-Being lessons and PSE morning sessions by the Health Team. This team is a group of teachers who have chosen to specialise in teaching this theme to pupils at the school. The teaching is occasionally supported by sessions delivered by external agencies and health professionals. Normally, Sex Education is taught to mixed ability classes of boys and girls, but occasionally, when necessary, due to the sensitive nature of the material and groups of pupils, e.g. checking the body for sexually transmitted diseases, the topic is taught separately. Sex Education is taught sensitively, and the prominent feature is always the principle of safe sex in a loving relationship and the importance of an unbiased approach towards responsible and legal sexual behaviour. The teaching always revolves around an emphasis on developing a skillset - thinking, communicating, ICT, numerical, working with others and improving teaching - based on the requirements of the PSE Framework.

The school's Sex Education programme is enriched by including other subjects in the curriculum syllabus, in particularly Science, but also Religious Education, Health and Social Care, Childcare etc. In addition, the school's involvement in the Healthy Schools Programme is also a way of educating pupils about aspects of sexual health.

Pupil Support

Due to the sensitive nature of the contents of the Sex Education programme, a pupil could potentially share information with teachers, intentionally or unintentionally, that could be a Safeguarding Children concern. In such circumstances, it is essential that teachers follow the guidelines in Swansea City and County Council's Child Protection Policy on Incidents of Abuse. As a result, pupils may need support from the school counsellor (Angharad Wiltshire/Duncan Rowe) or an external welfare agency e.g. Social Services. Throughout the whole process, every

effort is made to earn the trust and understanding of the pupil with regard to the procedure, in cooperation with parents/carers, unless this would be a risk to the pupil.

Pupil Exclusion

Legally, parents/carers have the right to exclude pupils who are 15 years old or under from Sex Education provision at school. Should the Chair of Governors or Headteacher receive a request to this end, the pupil will be excluded either completely or partly from the Sex Education provision (depending on the parents'/carers' request) until the school is advised otherwise by the parents/carers. During periods of Sex Education, arrangements will be made for the pupil to continue his/her education with another member of staff in another room.

Policy Evaluation and Review

The Sex Education Policy will be evaluated and reviewed in line with whole school procedures for all school policy. Central to this process is pupil voice, which is becoming increasingly important in the context of Sex Education due to the sensitive nature of this area for some pupils. As a result, through the School Council, Form and Year Councils and Sixth Form Council mechanisms, pupils will be able to voice their opinions on the provision, contributing positively therefore to the school's annual self-evaluation procedure.

(Reviewed: September 2019)